

INTRODUCED: 2/3/2025

REFERRED TO: Public Safety and Criminal Justice Committee

SPONSOR: Councilor Robinson

DIGEST: directs the City-County Council to accept, for the record, the Annual Report submitted by the Sandra Eskenazi Mental Health Center, as required by IC 12-29-2-16.

SOURCE:

Initiated by: Sandra Eskenazi Mental Health Center

Drafted by: LeAnnette Pierce, General Counsel

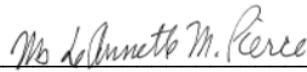
LEGAL REQUIREMENTS FOR ADOPTION:

Subject to approval or veto by Mayor

PROPOSED EFFECTIVE DATE:

Adoption and approvals

GENERAL COUNSEL APPROVAL: _____



Date: January 30, 2025

CITY-COUNTY GENERAL RESOLUTION NO. , 2025

PROPOSAL FOR A GENERAL RESOLUTION to direct the City-County Council to accept, for the record, the Annual Report submitted by the Sandra Eskenazi Mental Health Center, as required by IC 12-29-2-16.

WHEREAS, IC 12-29-2-14 states in part that an entity may not hold itself out to be a community mental health center or use that term unless the entity is certified by the division of mental health and addiction; and

WHEREAS, the division of mental health and addiction has certified the Sandra Eskenazi Mental Health Center to be a community mental health center in Marion County; and

WHEREAS, IC 12-29-2-1.2 authorizes the furnishing of financial assistance by the county executive and the appropriation of funding by the county fiscal body to a certified community mental health centers; and;

WHEREAS, IC 12-29-2-16 requires community mental health centers to provide to the fiscal body an annual report that contains the information listed in IC 12-29-2-16 sub sections (a)(1) through (a)(10); now, therefore:

BE IT RESOLVED BY THE CITY-COUNTY COUNCIL OF THE
CITY OF INDIANAPOLIS AND OF MARION COUNTY, INDIANA

SECTION 1. The Sandra Eskenazi Mental Health Center, submits to the City-County Council its annual report, as required by IC 12-29-2-16 and attached hereto as Exhibit A.

SECTION 2. It is acknowledged and recognized that IC 12-29-2-16 requires no further action by the full council.

The foregoing was passed by the City-County Council this ____ day of _____, 2025, at ____ p.m.

ATTEST:

Vop Osili
President, City-County Council

Yulonda Winfield
Clerk, City-County Council

Presented by me to the Mayor this ____ day of _____, 2025, at 10:00 a.m.

Yulonda Winfield
Clerk, City-County Council

Approved and signed by me this ____ day of _____, 2025.

Joseph H. Hogsett, Mayor

Sandra Eskenazi Mental Health Center County Report

Date: December 20, 2024

Community Mental Health Center: Sandra Eskenazi Mental Health Center

Report Creators:

Ashley Overley and Jeff Catlett

Person on the Board from the County:

John Barth, city county council member representing District 7

In addition to Marion County representation on the Sandra Eskenazi Mental Health Center Advisory Board, SEMHC reports to the governing board of the Health and Hospital Corporation, which is comprised of Marion County government appointees

Patients Served in State Fiscal Year 2025 Who Resided in the County

State Fiscal Year (SFY) 2025 Counts of Patients Served that Resided in the County

Total Patients Served	14,650
Patients Receiving Both Addiction Treatment and Mental Health Services	7,516
Adults Served	12,257
Youth Served	2,393

Additional SFY 2025 Numbers

Number of clinical encounters (therapy provided by a licensed professional)	53,796
Number of completed intakes	5,904
Average time from intake to offered initial evaluation appointment	Zero- SEMHC has same day access for intakes
Average time initial evaluation to offered next appointment	15.63

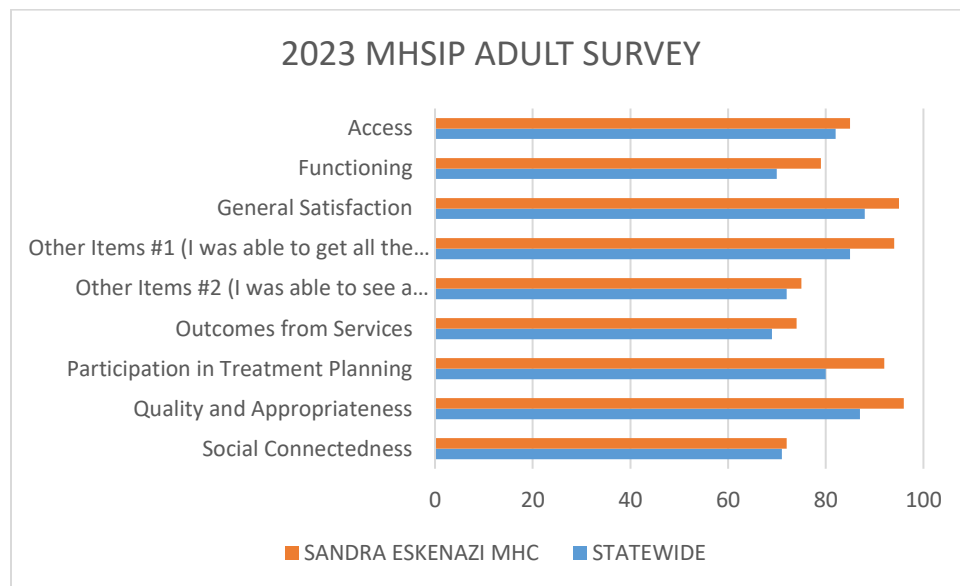
Count of Referrals from the Following Source

Self, family and guardian referrals	6,440
Law enforcement or criminal justice	793
A hospital or physician	3,165
Child or youth services, including Department of Child Services, systems of care, or schools	816
Twenty-four (24) hour crisis intervention service	not tracked
An enhanced call center	not tracked

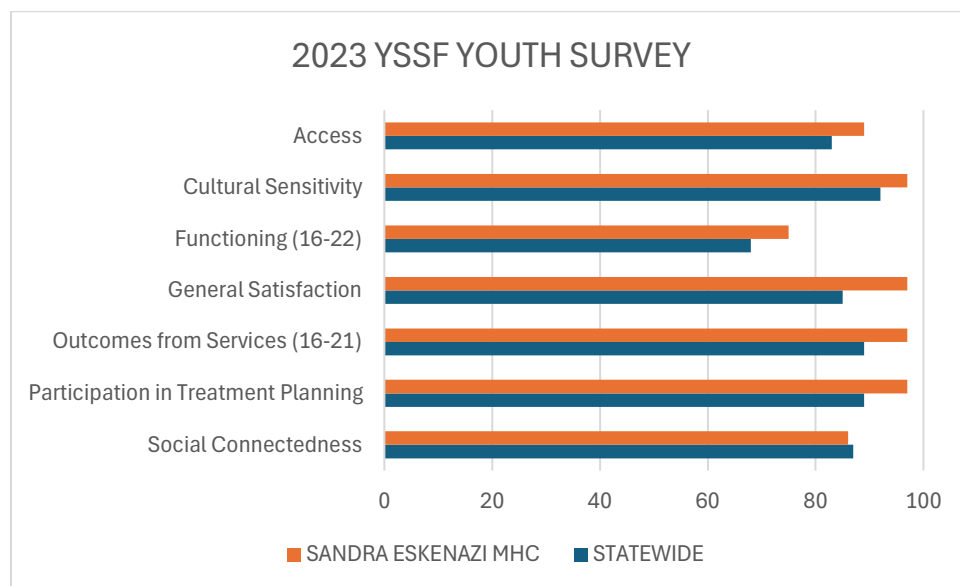
Percent of Positive Patient Satisfaction and Outcomes based on Patient Surveys

Bar graph with provider and state percentages for the satisfaction and outcome domains

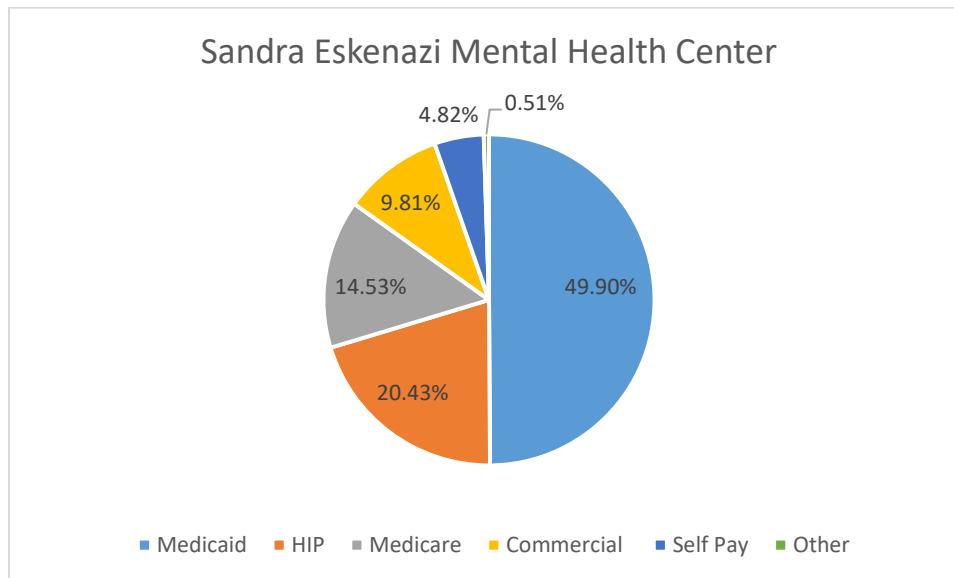
Sandra Eskenazi Mental Health Center outperformed the statewide average in all domains of the 2023 Mental Health Statistics Improvement Program (MHSIP) Survey for Adults.



Sandra Eskenazi Mental Health Center outperformed the statewide average in all domains of the 2023 Youth Services Survey for Families (YSSF) except for Social Connectedness (Statewide 87%; SEMHC 86%). This domain explored how well the youth could identify individuals they could talk to, be supported by in a crisis, and could do enjoyable activities.



Pie Chart of Insurance Source with Data Labeled (None, Private Insurance, Medicaid, Medicare, Other, HIP, TRI Care or Medicaid and Medicare)



State Fiscal Year 2025 Community Outreach

Representation at the Following Community Meetings

- Camptown Advisory Board (Jim Richter, member)
- Assessment and Intervention Center Advisory Board (Ashley Overley, member)
- Marion County Community Mental Health Center Mobile Crisis workgroup
- Indiana District 5 Resilience and Emotional Support Teams (REST) participation and monthly meetings
- Biweekly Office of Public Health and Safety, Eskenazi Health, and Mobile Crisis Assistance Team leadership meetings
- Quarterly Mobile Crisis Assistance Team Leadership Meetings between Indianapolis Metropolitan Police Department and Sandra Eskenazi Mental Health Center
- Monthly Crisis Intervention Team Committee Meetings (attended by Tiffany Fagan as MCAT representative)
- 988 Operations and Training Crisis Response Focus Group (led by Mental Health of America of Indiana)

- MCCOY Early Intervention Planning Committee
- Juvenile Detention Alternatives Initiative Admissions and Referrals Subcommittee
- Juvenile Detention Alternatives Initiative Steering Committee
- MCSOCC (Marion County Systems of Care) Executive Committee
- Mid North Partners Program (Children’s Museum)
- Indiana Council of Community Mental Health Centers Committees
 - Child and Adolescent
 - Data Integration
 - Quality
 - Mobile Crisis
 - Adult Services
 - Substance Use Disorder
 - Finance
 - Public Policy
 - Medical Director
 - Revenue Cycle
- Fetal Infant Mortality Review Case review member- Marion County Department of Health
- Child Fatality Review Team of Marion County
- Indianapolis Crisis Response Focus Group
- Decatur Township Drug-Free Coalition Monthly Meeting
- Hamilton County Crisis Response Meeting
- Southwest District Community Clean-Up (structured neighborhood clean-up, MCAT participating)
- Southwest District Community Enhancement Walk (MCAT participating)
- Southeast District Community Day (MCAT participating)
- DMHA Opioid Treatment Program Symposium

Events Attended

- SEMHC Speaker Series (12 monthly 1-hour presentations to Marion County clinicians on variety of issues/treatments specific to Marion County)
- Multiple Radio Spots on WTLC-AM on WHHH-HOT 100.9 FM specifically addressing mental health concerns in the African-American community
- Indiana State Financial Aid Association Conference: presentations on burnout and Motivational Interviewing techniques for financial counselors
- Mental Health First Aid Summit (NATCON 2024): presentation on “The Mental Health Toolkit: Indianapolis’ Strategy for Behavioral Health Outreach to Communities of Color”

- Indianapolis Immigrant Center's "Mental Health Summit": presentation on Sandra Eskenazi Mental Health Center and treatment access as relates to Certified Community Behavioral Health Clinics
- Islamic Community Mental Health Summit: presentation on Sandra Eskenazi Mental Health Center
- Midwest Association of Student Financial Aid Administrators: presentation on "Anxiety in the College Student"
- "Back to School Night": multiple events attended for Indianapolis Public Schools and charter schools
- Multiple WISH-TV Evening News Spots, including:
 - 1 week of depression related spots, including TMS
 - Assessment and Intervention Center
 - Mental Health Toolkit
- Indiana National Alliance for the Mentally Ill (NAMI) State Conference presentation on Addiction Services
- Presentation to the Mexican Consulate: "Psychosis: What Is It, How to Support Those Experiencing It, and Methods of Treatment"
- Presentation to the Mexican Consulate: "Substance Use Disorders: What Are They, How to Recognize Them, and Methods of Treatment"
- Multiple lectures/presentations to IU School of Medicine residents:
 - "Metabolic Side Effects of Antipsychotics: Theorized Mechanisms, Treatment Options, and Other Considerations"
 - "First Episode Psychosis: Early Identification and Intervention"
 - "Trauma Related and Dissociative Disorders"
 - "Personality Disorders"
 - Psychiatry resident recruiting event
- Presentation on Wellness to George Washington High School
- Presentations to Porter-Starke and Oaklawn CMHCs: Coordinated Specialty Care for Early Psychosis: Program Overview & Implementation; Promoting Recovery in First Episode Psychosis
- Presentations to Porter-Starke and Oaklawn CMHCs: Metacognitive Insight and Reflection Therapy (MERIT)
- Ongoing Crisis Intervention Team Training for Indianapolis Metropolitan Police Department in both mental health and substance use disorders
- New Era Church and Wellness Conference: "Signs of Depression & Steps to Help" and "Suicide Awareness"
- Phoenix Theater Trail Talk: "Opioid Use Disorder and Reproductive Choices"
- "Recovery and Services" presentation to Valle Vista
- Supporting Sobriety podcast: "Stigma in Addiction"
- ECHO for Opioid Use Disorder presentation: Opioid Treatment Program Overview

- Multiple Real People Real Voices TV Show Appearances regarding:
 - Overview of Caring Recovery Opioid Treatment Program
 - Assessment and Intervention Center
 - Addiction Services
 - Ackerman Center and Workforce Development
 - Mental Health
- Multiple community and service partner tours of the Assessment and Intervention Center
- Presentations to MACRO-B regarding:
 - Mobile Crisis Assistance Team
 - Assessment and Intervention Center
- Just Science podcast: Research related to the Mobile Crisis Assistance Team
- 2023 Mental Health and Addiction Symposium: Mobile Crisis Assistance Team
- Managed Emergency Surge for Healthcare (MESH) Naloxone Training
- Coffee with a Cop: Mobile Crisis Assistance Team
- Crisis debriefing for the Immigrant Welcome Center
- Gathering of Indianapolis Homelessness Service Providers
- BIPOC Health Fair
- Mental Health Roundtable Summit
- Presentation on the Assessment and Intervention Center to the Marion Court Judges
- Presentation on the Assessment and Intervention Center to Community Corrections
- Hands in Autism ECHO: Mobile Crisis Assistance Team
- Presentation to Circle City Fellows: Addiction and Mental Health Overview
- Addictions Services Overview presentation for the Marion County Probation Department
- Circle City Fellows, “Comprehensive Healthcare Services with an Emphasis on Dignity”
- Glen Ridge Apartments Health Fair
- Mt Pisgah Health Fair
- Martin University Health Fair
- Twin Aire Health Fair
- Living Word Health Fair
- Living Water Church Health Fair
- Goodwin Center Resource Fair
- Solid Word Bible Church Health Fair
- Decatur Township Community Fair
- Kingdom Apostolic Church Mental Health Event
- Overcoming Church Mental Health Event
- Enlace Academy Health Fair
- Purpose of Life Church Fair

- Healthy Minds Health Indy
- Heartbeats and Handshakes Health Fair
- Minority Business Attraction Community Day
- Butler University Opioid Awareness
- Eastern Star Church Community Event
- In-Touch Outreach Event
- Chreece Hip-Hop Festival in Fountain Square
- One Voice Indy
- SEND 40th Anniversary Gala
- Continuum of Care Day of Remembrance
- Phalen Leadership Academy Health Fair
- Greater Progressive Church Health Fair

New Programs for the County

- Caring Recovery Opioid Treatment Program relocated and opened May 2024, expanded access to treatment for opioid use disorder
- Sandra Eskenazi Mental Health Center chosen by Indiana FSSA Division of Mental Health and Addiction as one of 8 Certified Community Behavioral Health Clinic pilot sites (one of two in Marion County).
- Sandra Eskenazi Mental Health Center opened a new clinic location within the new Thomas and Arlene Grande campus at E 38th St in April 2024

New Partnerships in the County

- Marion County Sheriff's Office (grant partnership):
 - The Marion County Sheriff's Office is a three-year grant. The grant came to fruition due to the increased risk of overdose for those who are released from incarceration and the amount of individuals that are incarcerated with a co-occurring disorder. This grant allows for a planning phase to ensure there is time to review current processes. It is focused on identifying current workflows and services within the jail, develop alternatives to improve these processes, and implement the changes to provide services and post-release referrals to those who are incarcerated. This grant allows for a planning phase to ensure there is time to review current processes.
- The John and Kathy Ackerman Center for Mental Health Professional Development
 - Partnering with Community Health Network for Bachelors in Social Work student pathway

- Indiana Wesleyan Masters in Social Work program joined as a Behavioral Health Academy partner
- Southwestern Behavioral Health joined as a Behavioral Health Academy mental health partner, sharing in teaching of Eskenazi Behavioral Health Academy students
- Care Coordinator Pathway Partners (education and community mental health):
 - Community Health Network
 - IU Indianapolis Bachelors in Social Work
 - University of Indianapolis Bachelors in Social Work
 - Ball State University Bachelors in Social Work
 - Marian University Bachelors in Social Work (design phase)
 - Martin University Bachelors in Psychology (starting design phase)
- Behavioral Health Academy educational partners:
 - Martin University Masters in Mental Health Counseling
 - University of Indianapolis Mental Health Counseling
 - University of Indianapolis Masters in Social Work
 - Indiana University Indianapolis Masters in Social Work
 - Marian University Masters in Mental Health Counseling
- Peer Pathway
 - Community Health Network
 - Adult and Child Community Mental Health Center
- Memorandums of Understanding/Care Coordination Agreements finalized with
 - Options Behavioral Health
 - Fairbanks Hospital
 - Hendrick Behavioral Health

Addiction Services

State Fiscal Year (SFY) 2025 Counts of Patients Served that Resided in the County

Adults Provided Addiction Treatment	2,828
Youth Provided Addiction Treatment	105

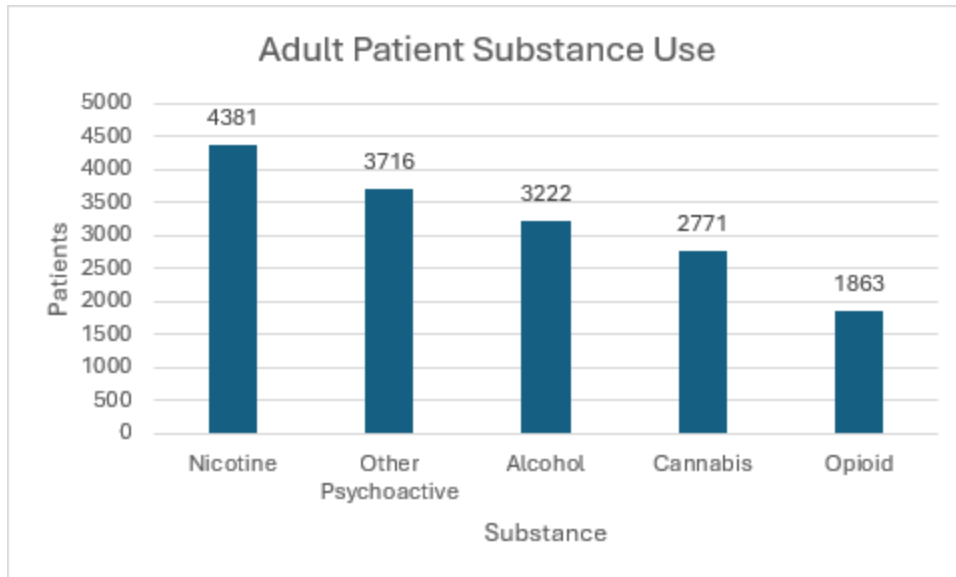
Locations for Addiction Treatment Services with ASAM Level of Care Provided at the Location:

Level I Outpatient treatment	Level II Intensive outpatient treatment
1. 3171 N. Meridian Street	1. 3171 N. Meridian Street 2. Caring Recovery Opioid Treatment Program, 3519 English Ave

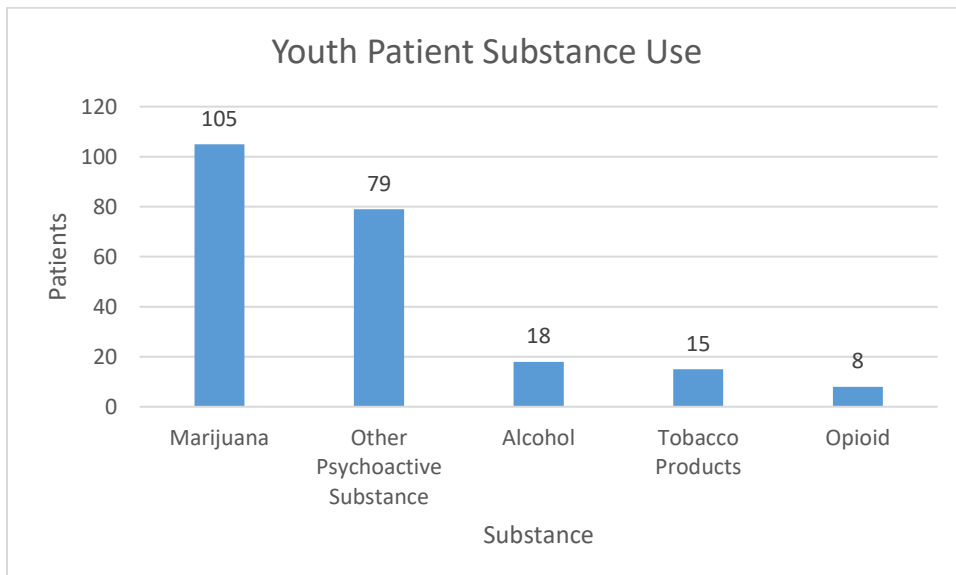
Evidence-Based Practices Utilized in Addiction Treatment

- Motivational Interviewing
- Medication-Assisted Treatment (MAT)
- Peer Recovery
- Cognitive Behavior Therapy
- Trauma-Focused Cognitive Behavior Therapy
- ASAM Level of Care assessment and placement

Bar graph of the five most common addiction substances taken by adult patients



Bar graph of the five most common addiction substances taken by youth patients
Based on the SUD Dx associated with the youth patient



Mental Health Services

Adults Provided Mental Health Treatment	4,616
Youth Provided Mental Health Treatment	1,445

Locations of Mental Health Treatment for Youth

- Thomas P. Stitt Building- 3171 N Meridian Street
- Thomas and Arlene Grande Campus 6002 E 38th Street

Locations of Mental Health Treatment for Adults

- James Wright Building- 1700 N Illinois Street,
- Sandra Eskenazi Mood Clinic- 5610 Crawfordsville Road
- Thomas and Arlene Grande Campus 6002 E 38th Street
- Dr. Alan & Diane Brier Prevention and Recovery Center for Early Psychosis- 720 Eskenazi Avenue

Evidence-Based Practices Utilized in Mental Health Treatment

- Motivational Interviewing
- Metacognitive Insight and Reflection Therapy (MERIT)
- Cognitive Behavior Therapy
- Trauma-Focused Cognitive Behavior Therapy
- Coordinated Specialty Care for Early Psychosis
- Peer Recovery
- Transcranial Magnetic Stimulation (TMS)
- medication management

Ten most common primary mental health diagnoses of adult patients

Primary Dx	# of Adult Patients
Depressive disorders	1725
Schizophrenia spectrum disorders	1402
Anxiety disorders	569
Bipolar disorder	486
Post-traumatic stress disorder	435
Borderline personality disorder	127
Adjustment disorder with mixed anxiety and depressed mood	21
Attention-deficit hyperactivity disorder, predominantly inattentive type	14
Delusional disorders	13
Social phobia	11

Ten most common primary mental health diagnoses of youth patients

Primary Dx	# of Youth Patients
Depressive disorders	193
Attention-deficit hyperactivity disorder	168
Generalized anxiety disorder	115
Oppositional defiant/conduct disorder	96
Post-traumatic stress disorder	68
Social Phobia	10
Adjustment disorder with depressed mood	7
Reaction to severe stress	6
Panic disorder	5
Obsessive-compulsive disorder	2